



X S O M

==== Xavier's School of Music Newsletter ====

Spring 2023

NEWS

BEEG

INN

INGS



X S O M

CONTENTS

4 Winter Concert Highlights

View highlights from our first-ever **in-person concert** that took place on January 14, 2023

5 Referral Program

Find out how our referral program works, and the perks you get when you make a referral!

7 Instruments

View our lineup of instruments that we offer lessons for, both online and in-person.

8 5 Benefits of Learning Music

Did you know that learning music helps you excel at math and other subjects? Find out some of the other benefits of learning music!



WINTER CONCERT HIGHLIGHTS



Our first-ever in-person event took place on Saturday, January 14th 2023 and was a resounding success! Click **HERE** to view the *picture gallery and student performances*.

Come to our

SPRING CONCERT

Our next concert will take place sometime towards the end of May or the beginning of June. **This concert will be online and will not be in-person.** More details will follow in the upcoming weeks.

Referrals

Help us achieve our goal of **100 students** enrolled in music lessons **by the first quarter of 2024!**

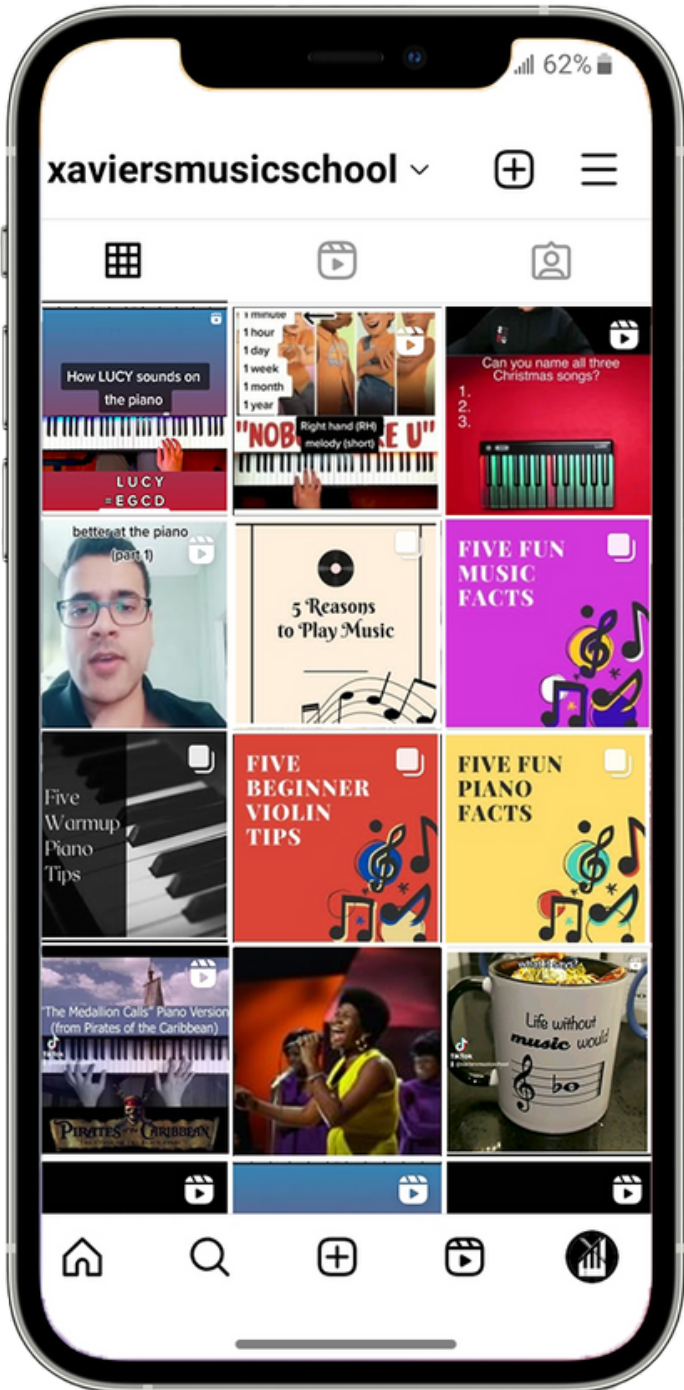


Referrals are one of the best ways you can help us reach our goal.
Refer a friend to sign up for music lessons and receive a \$20 e-gift card* of your choice for each successful referral!

*The person being referred must first sign up for at least one month of music lessons at XSOM before the \$20 e-gift card can be awarded. E-gift cards will be sent out via email.



SOCIAL MEDIA



FOLLOW US
@xaviersmusicsschool



Follow us on **TikTok**,
Instagram, **Facebook**,
and **YouTube** for:

- Tips and tricks
- Fun facts
- Tutorials
- Updates
- Offers
- Promotions
- ...and more!

Instruments

Did you know that XSOM offers a wide range of instruments to learn? The following instruments are available to learn **both in-person and online!***



Piano



Drums

Learn a new instrument today!

Or recommend one to a friend :)



Voice



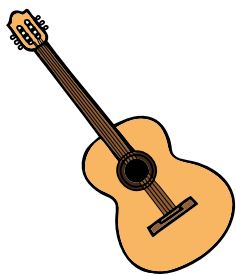
Saxophone



Clarinet



Flute



Guitar



Ukulele



Bass



Violin



Cello

*Depending on the teacher's availability and location.

Visit [xaversmusic.com](https://www.xaversmusic.com) for more information or email us at info@xaversmusic.com with any questions.



5 BENEFITS of learning music

LAURA LEWIS BROWN
WWW.PBS.ORG

Music is a great hobby to have fun with all the different instruments to choose from! But did you know there are physical and psychological benefits to learning music? Here are 5 benefits below:

1 Language Development

The effect of music education on language development can be seen in the brain. "Recent studies have clearly indicated that musical training physically develops the part of the left side of the brain known to be involved with processing language, and can actually wire the brain's circuits in specific ways. Linking familiar songs to new information can also help imprint information on young minds," the group claims.

2 Increased IQ

A study by E. Glenn Schellenberg at the University of Toronto at Mississauga, as published in a 2004 issue of *Psychological Science*, found a small increase in the IQs of six-year-olds who were given weekly voice and piano lessons. The children who were given music lessons over the school year tested on average three IQ points higher than the other groups in the study.

3 The Brain Works Harder

A study led by Ellen Winner and Gottfried Schlaug, Bostonian professionals in the field, found changes in the brain images of children who underwent 15 months of weekly music instruction and practice. The students in the study who received music instruction had improved sound discrimination and fine motor tasks, and brain imaging showed changes to the networks in the brain associated with those abilities.

5 Benefits of Learning Music (continued)

4

Spatial Temporal Skills

Research has also found a causal link between music and spatial intelligence, which means that understanding music can help children visualize various elements that should go together, like they would do when solving a math problem. These skills come into play in solving multistep problems one would encounter in architecture, engineering, math, art, gaming, and especially working with computers.

5

Study more than just the notes

A study published in 2007 at the University of Kansas, revealed that students in elementary schools with superior music education programs scored around 22 percent higher in English and 20 percent higher in math scores on standardized tests, regardless of socioeconomic disparities.

Remember to have fun!

Taking lessons and learning music should be fun! But you will always have moments when the practice will feel monotonous or you will feel like your progress has reached a plateau. Find a piece that you love to play so that when you are having a particularly difficult practice session, you can pull that piece out and play it and **remind yourself of why you love music.**

PARTS OMITTED FOR SPACE PURPOSES. SEE ORIGINAL
ARTICLE AT WWW.KUMON.CO.UK



